

# RECOGNISING OUTSTANDING CONTRIBUTIONS TO SUICIDE PREVENTION IN AUSTRALIA



*In 2019 Suicide Prevention Australia (SPA) is celebrating the 16th Annual LiFE Awards recognising excellence in suicide prevention.*

*The LiFE Awards is a prestigious national event that attracts nominations from all areas including business, industry, media, community, government, service delivery, research and medicine – all with an interest in suicide prevention.*

*Nominations are received from all over Australia, and every year we are overwhelmed by the number of quality nominations showcasing the exciting, innovative and diverse range of programs being undertaken within the field.*

*Nominees typically range from mainstream programs to local 'grass roots' organisations and dedicated individuals. The Awards celebrate the commitment and energy of the nominees and their vital contribution to the reduction of suicide within our communities.*

**Suicide Prevention Australia is now calling for nominations for the 2019 LiFE Awards in the following award categories:**

## **Aboriginal and Torres Strait Islander**

The Aboriginal and Torres Strait Islander Award recognises a unique and creative health program, service partnership or individual that has encompassed the holistic and social view of health and suicide prevention, e.g. the physical, emotional, cultural and spiritual well-being of Aboriginal and Torres Strait Islander individuals and communities. The award applicant must show how this has been Aboriginal or Torres Strait Islander-led and culturally appropriate.

## **Communities Matter (Individual, Organisation)**

We all recognise that when it comes to suicide prevention communities matter. In everyday local communities across the country, individuals and organisations are doing incredible things, often in a voluntary capacity with limited access to resources. And yet they achieve great change and gain momentum around suicide prevention. The organisation award recognises the very grassroots work being done each and every day across a local community, while the individual award recognises a single person making a significant difference or contribution when it comes to suicide prevention.

## **Emerging Researcher**

Research provides the essential knowledge for, and is a vital tool in, developing effective practices to address factors associated with risk and to effectively respond to the needs of individuals.

The Emerging Researcher Award recognises the contribution by an Australian researcher or group of researchers who are early in their career, for work of towards increasing knowledge around suicide and suicide prevention. The researchers should combine research with best practice and generate findings that drive improvements in suicide prevention practice.

## **Media**

The Media Award (includes print, non-print, social media or art) recognises an individual or an organisation that has had sustained coverage of suicide prevention stories, consistently adhered to safe and supportive reporting guidelines and has creatively utilised different mediums or channels to communicate messages about suicide prevention. Adherence to the [Mindframe National Media Guidelines](#) for the medium/channel is essential.

## **Workplace**

The Workplace Award recognises a business or employer with a track record of promoting suicide prevention in their workplace or as a business contributing to suicide prevention within the community.

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## Eligibility criteria

- Self-nominations will not be accepted.
- Individuals or organisations can be nominated across multiple years and categories.

## Key selection criteria

Please consider the selection criteria listed below when completing your nomination.

- Is the nominee actively involved in the practice of suicide prevention? (This includes any activity across the full spectrum of intervention including mental health promotion, prevention, intervention (crisis and other), treatment and postvention.)
- Do they advocate for positive change and increase awareness in the community by thoughtfully disseminating information?
- Is their work innovative, providing a catalyst for positive change in the suicide prevention sector?
- Have they contributed to research or improvement in best practice?
- How have they collaborated with others?

## Judging process

Nominations will be reviewed by the appointed Judging Panel. The decision of the Judging Panel is final and no correspondence will be entered into.

## Award plaque

All recipients of the 2019 LiFE Awards will receive a prestigious plaque to recognise their outstanding contribution to the suicide prevention sector.

## Presentation

The LiFE Awards presentation will take place at the National Suicide Prevention Conference in July 2019 in Melbourne, Victoria.

## How to nominate

To nominate please complete the [online form](#).

## Closing date

Nominations must be received by **5.00pm AEST on 22 March 2019**.

## For more information contact

Suicide Prevention Australia  
GPO Box 219, Sydney NSW 2001  
P: 02 9262 1130  
E: [admin@suicidepreventionaust.org](mailto:admin@suicidepreventionaust.org)  
W: [www.suicidepreventionaust.org](http://www.suicidepreventionaust.org)



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## Guide to submitting a nomination

Before starting the online nomination form, it is recommended that you collect some information and have it to hand.

### About you (the Nominator)

- You will be asked to provide your contact details and to describe your relationship with the individual or organisation you are nominating.
- Self-nominations will not be accepted.

### About the Nominee (the individual or organisation you are nominating)

- Define the category and whether you are nominating an individual or an organisation
- Provide the contact details of the nominee
- Provide 500 words on the individual's or organisation's suitability for this award, such as:
  - The nominee's current role in suicide prevention
  - The approximate length of time the nominee has been actively involved in suicide prevention
  - The nominee's active involvement in the practice of suicide prevention
  - How the nominee has advocated for positive change and increased awareness in the community
  - How the nominee's work is innovative and is a catalyst for positive change in the suicide prevention sector
  - How the nominee has contributed to research or improvement in best practice
  - Why the nominee should be recognised with a LiFE Award
  - Any previous awards and recognition your nominee has received
  - Key media mentions / articles / statistics, and/or coverage.

### Referees (letters of referral)

Every shortlisted nomination will be required to provide two (2) people who will act as referees for this nomination. Each referee will be required to provide a letter outlining why they support the nomination.

Shortlisted nominations will be contacted for more information as required.

It is the responsibility of the nominator to ensure SPA receives the letters of recommendation.

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