

Lived and/or Living Experience Registration Assistance Guide

Thank you for your interest in receiving lived and/or living experience registration assistance to attend the States in Focus Forum in your state/territory. Suicide Prevention Australia encourages the inclusion of people with a lived and/or living experience of suicide in discussions and activities about suicide prevention. There are many barriers that can make it hard for some people to attend the forums and registration assistance helps individuals with a lived experience of suicide to attend.

A lived and/or living experience of suicidal behaviour is defined as having experienced suicidal thoughts, survived a suicide attempt, cared for someone through suicidal crisis, or been bereaved by suicide. We know that many people with a lived experience of suicide also identify as mental health consumers and/or carers.

Suicide Prevention Australia will be providing a small number of registrations for individuals to attend States in Focus Forums in their respective state/territory. Assistance may also be available for support persons as required.

Applications for lived and/or living experience registration assistance will be open for the QLD/NT forum to be held in Brisbane from 4 to 18 April 2022.

About the States in Focus Forums

In 2022, our commitment to knowledge exchange will be stronger and more targeted with grassroots States in Focus Forums events in key locations across the country. The forums will include a diverse range of speakers including Members of Parliament, world-class researchers, experts in suicide prevention and voices of lived experience. Some event highlights include SafeTALK training, networking activities with refreshments, and fireside chats with speakers and representatives from the Joint State Committees.



Am I ready to attend the forums?

The topics for discussion at the States in Focus Forums deal with difficult and sensitive issues. We ask that you consider your own self-care before attending and if necessary, consider a support person for your attendance at the forum.

<u>StandBy: Support After Suicide</u> will be available for those who feel they may need additional support throughout the forums. See additional resources here: <u>a Guide to Self-Care</u> and a <u>Guidelines for talking</u> <u>safely about suicide</u>.

Am I eligible to apply for lived and/or living experience registration assistance?

To be eligible to apply for lived and/or living experience registration assistance to attend the States in Focus Forums, you must:

- 1. Have a lived and/or living experience of suicide
- 2. Face financial constraints that prevent you attending States in Focus without registration assistance
- 3. Be able to attend for the duration of the forum
- 4. Be aged 18 years or older
- 5. Be an Australian resident

When is my application due?

Lived and/or living experience registration assistance applications must be received via email to <u>sarab@suicidepreventionaust.org</u> by 5.00pm AEDT (Sydney time) on 18 April 2022 for the Brisbane forum. You will be notified of the outcome of your application via email from Suicide Prevention Australia 1-2 weeks following applications closing.

What does lived and/or living experience registration assistance cover?

Lived and/or living experience registration assistance to attend the States in Focus Forums covers your registration to attend the forum in your state/territory. It does not cover travel to and from the forum, accommodation, or personal expenses during States in Focus Forums, such as meals.

If you require the assistance of a support person throughout the forum or special services to manage disability or accessibility, please advise us in your application.

What will you ask me?

We will ask questions to help understand why you want to attend the forums and what makes it difficult or impossible for you to attend without registration assistance. Some questions will also ensure equity across different communities. However, you should only share information that you are comfortable sharing.

We also acknowledge that completing this application can be difficult for some people. Applications will be accepted based on the content of your answers, not how well you write. Although, you may like to talk with someone in your network to assist you in completing the application.

The information in your application will only be shared within Suicide Prevention Australia until the conclusion of the forum. The purposes for sharing the information will be for shortlisting and allocating of lived and/or living experience registration assistance. Your personal information will not be used for purposes beyond the forums and will be secured safely in line with the Suicide Prevention Australia



<u>Privacy Policy.</u> Additionally, your personal information such as name or image will not be shared without expressed permission during and post the forum.

How do I complete my application?

To complete your application, you will need to provide responses to the following questions. Responses do not have to be provided in a table format, but please ensure you respond to all questions as best you can. For assistance with your responses, please visit <u>Roses in the Ocean</u> for resources for lived experience representatives.

Question	Highlight your answer from the multiple-choice questions and/or write in your answer as required
1. Are you an Australian resident? Highlight your answer	Yes No
2. Your contact details	 First name Last name Address Suburb Postcode State Email address Confirm email address Mobile phone number Other phone number (landline)
3. Which of the following best describes your current gender identity? <i>Highlight your answer</i>	 Male Female Non-binary / gender fluid Different identity (please state) I prefer not to answer
4. Do you consider yourself to be: <i>Highlight your answer</i>	 Lesbian, gay or homosexual Straight or heterosexual Bisexual Queer Different identity (please state) I prefer not to answer
5. Are you of Aboriginal or Torres Strait Islander origin? <i>Highlight your answer</i>	 Yes, Aboriginal Yes, Torres Strait Islander Yes, both Aboriginal and Torres Strait Islander No
6. Do you speak a language other than English at home? If more than one language, indicate the one that is spoken most often	 No, English only Yes, other—please specify:



Highlight your answer	
7. What is your age? <i>Highlight your answer</i>	 18 - 20 years' old 20 - 29 years' old 30 - 39 years' old 40 - 49 years' old 50 - 59 years' old 60+ years old
8. Are you a current or former serving member of the Australian Defence Force (ADF)? <i>Highlight your answer</i>	 Yes, current member of the Australian Defence Force Yes, former member of the Australian Defence Force No
9. What is your employment status? <i>Highlight all that apply</i>	 Full time Part time Student full time Student part time Unpaid/volunteer Not working or retired Other (please specify)
10. What is your lived experience of suicide? Highlight all that apply. Lived experience of suicide: is having experienced suicidal thoughts, survived a suicide attempt, cared for someone through suicidal crisis, or been bereaved by suicide.	 I have experienced suicidal thoughts I have survived a suicide attempt I care for or have cared for someone through a suicidal crisis I have lost someone to suicide (am bereaved) I do not have a lived experience of suicide
11. Why would you like to attend the States in Focus Forums? (100-150 words or less)	
12. Why are you in need of lived experience registration support to attend the States in Focus Forum? (100-150 words or less) <i>Please provide details about your financial constraints.</i>	
13. How do you expect to use the learnings in your personal or professional life, or in your community? (100-150 words or less)	
14. Do you require special support due to disability or accessibility? If "yes" we will contact you for further information.	YesNo
15. By submitting my application for lived experience registration assistance to attend	• Due to financial constraints, I would not be able to attend the forums without registration assistance.



the Suicide Prevention Australia States in Focus Forums I declare that:	 I understand that registration assistance does not cover personal expenses. I understand the information in this application may be within Suicide Prevention Australia as part of the applicant assessment process. If I receive registration assistance, I will complete the post-forum survey. All information in this application is true and correct. I understand that applying for registration assistance does not guarantee that I will receive a free registration to attend the event.
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If at any time while completing the application you feel you need support, please contact Lifeline on 13 11 14 (24 hours/7 days), or chat to a crisis supporter via text message on 0477 13 11 14 (6pm – midnight AEDT) or online at www.lifeline.org.au (7pm – midnight AEDT).

How do I withdraw my application?

If you would like to withdraw your application after you have submitted it, please contact Suicide Prevention Australia via email to <u>sarab@suicidepreventionaust.org</u>.

If your application is accepted and you receive lived and/or living experience registration assistance to attend the States in Focus Forums but are no longer able to attend, please contact Suicide Prevention Australia immediately via email to <u>sarab@suicidepreventionaust.org</u>.

Lived and/or living experience registration assistance is non-transferable. It is only to be used by the delegate to which it is allocated. Should another person be found using a registration in the name of another, they will be charged for registration to the forum.

