



Suicide Prevention
Australia



ANNUAL REPORT

2021-2022

Contents

Imagine a world without suicide.

Suicide Prevention Australia is the national peak body for the suicide prevention sector. We exist to provide a clear, collective voice for suicide prevention, so that together we can save lives. We believe that through collaboration and shared purpose, we can work towards our ambition of a world without suicide.

We’re a member-based organisation that’s guided by people with lived experience of suicide. We count among our members the largest and many of the smallest organisations working in suicide prevention, practitioners, researchers and community leaders. United we provide a clear, collective voice for suicide prevention, so that together we can save lives.



Acknowledgements

Suicide Prevention Australia would like to acknowledge the importance of lived experience and all those lost to suicide. We remember those we have lost to suicide and acknowledge the suffering suicide brings when it touches our lives. We also recognise the suffering and distress felt by around 65,000 people who attempt suicide each year. We are brought together by experience and unified by hope.

Suicide Prevention Australia would like to acknowledge the Traditional Owners of all Country throughout Australia. We recognise their continuing connection to land, water and culture and pay our respects to Elders, past and present, for they hold the memories, traditions, culture and hopes of Aboriginal and Torres Strait Islander peoples of Australia.

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Message from the Chair and CEO

Suicide Prevention Australia is 30 years old! We were formed in 1992 and as the peak body, we have evolved in many ways during this time.

Thirty years ago suicide was a taboo topic. Fortunately, much has been done to raise awareness of suicide. More people are comfortable talking about suicide and reaching out to their family, friends and colleagues to ask - are you ok?

Our members have been instrumental in driving that shift. This increased openness and willingness to share is also in part due to the growing voice of people with lived experience. This important voice is now playing a critical role in influencing policy, co-designing services and programs, and sharing messages of hope.

Thank you to our Lived Experience Panel who every day remind us why the voice of lived experience is so profound and important. Their brave voices also remind us that suicide prevention is about people and not statistics. We will continue to amplify their voice and embed their insights into our work to ensure the achievements of the past thirty years can continue.

Reflecting on our history, much of our recent advocacy success stems from the launch of our first National Policy Platform in 2019. This marked the start of our advocacy for a whole of government approach to suicide prevention, reliable data and a workforce strategy. The formation of the National Suicide and Self-harm Monitoring System two years ago, marked a significant milestone for access to timely and accurate data.

Other significant highlights include the formation of the National Suicide Prevention Office, the appointment of the first National Suicide Prevention Adviser and an Assistant Minister for Mental Health and Suicide Prevention. These elements are all important features of our push for a whole of government approach to suicide prevention.

The implementation of a National Suicide Prevention Act is firmly in our sights. A National Suicide Prevention Act can legislate clear priorities, accountability and focus. It can set clear governance arrangements including leadership from people with lived experience. This would strengthen recent commitments to the National Mental Health and Suicide Prevention Agreement and the National Suicide Prevention Office.

We developed and launched Australia's first suicide prevention accreditation program. An initiative that has seen over 120 services and programs registered for accreditation, marking a shift towards high-quality and



effective suicide prevention and postvention programs. We are striving to ensure that every person who needs support can access a consistent, high-quality and safe standard of care.

We have worked closely with government to promote the importance of research dedicated to suicide prevention. The Suicide Prevention Research Fund was established in 2016, funnelling millions of dollars into research over the past six years. An evidence-based approach to suicide prevention is essential for building services and programs that save lives.

We've also seen the National Suicide Prevention Leadership Support Program funding pool increase significantly, signalling a strong government commitment to reduce the number of lives lost to suicide. Since its inception in 2017, funding has tripled to \$114 million.

These significant wins are due to a united voice, a sector that is working together and making substantial progress. As the peak body, we'll continue to represent our members and lead the sector on this road to reform.

While it's important to acknowledge these milestones over the past 30 years, understanding our impact is just as crucial. We teamed up with consultancy, Oliver Wyman to develop a framework to understand and measure our impact as a peak body, along with associated metrics. This work will help demonstrate our impact to external stakeholders and inform our strategy so that we can have even greater impact. The next phase of this work is a partnership with the Centre for Social Impact at University of NSW to explore the collective impact of the suicide prevention sector.



Angela Emslie AM
BOARD CHAIR
Suicide Prevention Australia

We would both like to acknowledge the contributions of our Board of Directors, leadership team and employees, our Patron His Excellency General the Honourable David John Hurley AC DSC (Retd) and everyone who volunteered, raised funds and supported us in other ways. The work of the Research Advisory Committee and the Policy Committee has been outstanding alongside the state/territory committees. Their commitment behind the scenes is unwavering and greatly appreciated by us. Special thanks to retiring Board member, Karen Phillips for her outstanding commitment and contribution to the work of Suicide Prevention Australia.

At our 2021 Annual General Meeting, we announced the appointment of five Board directors. Graham McLean was appointed as an independent director, replacing Luke Mann as Treasurer and Chair of the Audit and Risk Committee. In addition, we welcomed four elected directors to the Suicide Prevention Australia Board; Darren Black, Graeme Holdsworth, Dr Fiona Shand and Zed Tintor. We also welcomed Tom Brideson to the Board earlier this year. With a fresh set of eyes, the Board has worked hard to help drive our strategic approach to suicide prevention.

Compass 2025 has played a major role in directing our work over the past year and focusing our attention on the core reasons for our existence. We will continue to be guided by this roadmap as we endeavour to strengthen the suicide prevention sector.

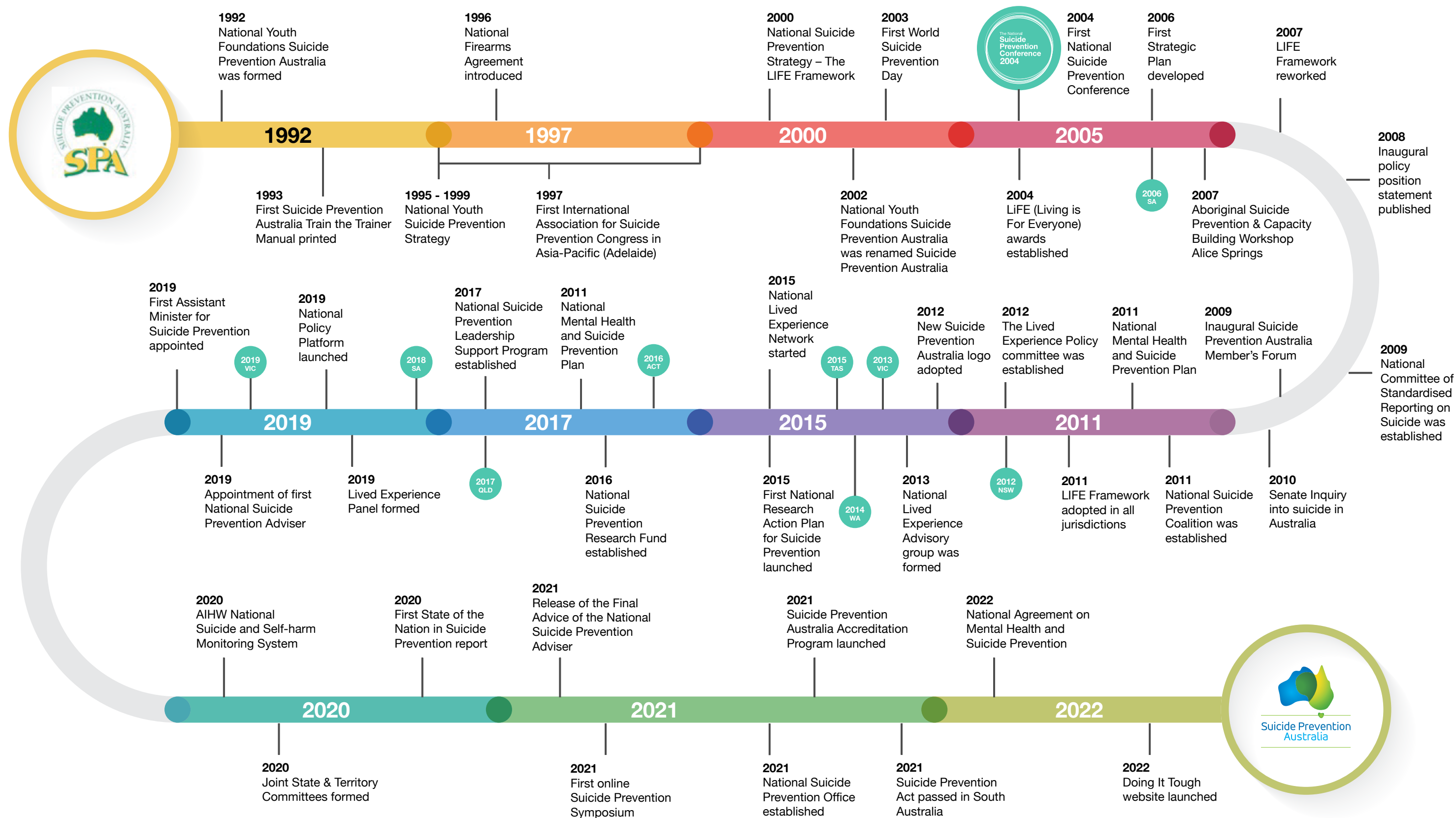
As ever, our members remain our number one priority. We are confident that, with the ongoing support of our members, Suicide Prevention Australia will achieve many more milestones over the next thirty years.



Nieves Murray
CEO
Suicide Prevention Australia

Celebrating 30 years

Suicide Prevention Australia began 30 years ago and since then many milestones have been reached by both the peak body and the suicide prevention sector.



Reflections over 30 years



“For the last three decades Suicide Prevention Australia has promoted, developed and harmonised all the most important initiatives in the fight against suicide in the country. It has attracted scores of young researchers and created networks of experts; it has been an attentive listener of those who have suffered the consequences of self-destructive behaviours. It has given voice to those who wanted to counteract the stigma embedded to suicide. In doing all these efforts, SPA has succeeded in being heard and supported also at the highest political level. I have no hesitations in maintaining that Suicide Prevention Australia has inspired many prevention programs around the world.”

Diego De Leo, Suicide Prevention Australia Life Member

“Suicide Prevention Australia has played a key role in driving for and supporting (sector) collaboration.”

Colin Seery, CEO of Lifeline - One of the longest standing Suicide Prevention Australia members

“When I first got involved in Suicide Prevention Australia the suicide scourge was barely mentioned in social circles and the mainstream press and was not a key priority of government or health officials. Today it is openly discussed...”

Murray Bleach, Chair of the Suicide Prevention Australia Board (2011-2017)

“Suicide Prevention Australia has led the charge on behalf of its many members – to be politically involved in order to promote the importance of prevention, and to bring together community and medical sectors, to recognise the importance of new models of care, to incorporate lived experience voices and the social determinants of health.”

Scientia Professor Helen Christensen AO

“It is communities that create momentum and it is momentum that creates change. For the last thirty years Suicide Prevention Australia has been at the forefront of leading that change because of the many organisations, people and communities we have represented. The momentum that has been created over that period has seen some incredible change we can all be proud of. But, like all things, we didn’t come this far not to go further.”

Matthew Tukaki, Chair of the Suicide Prevention Australia Board (2017-2019)



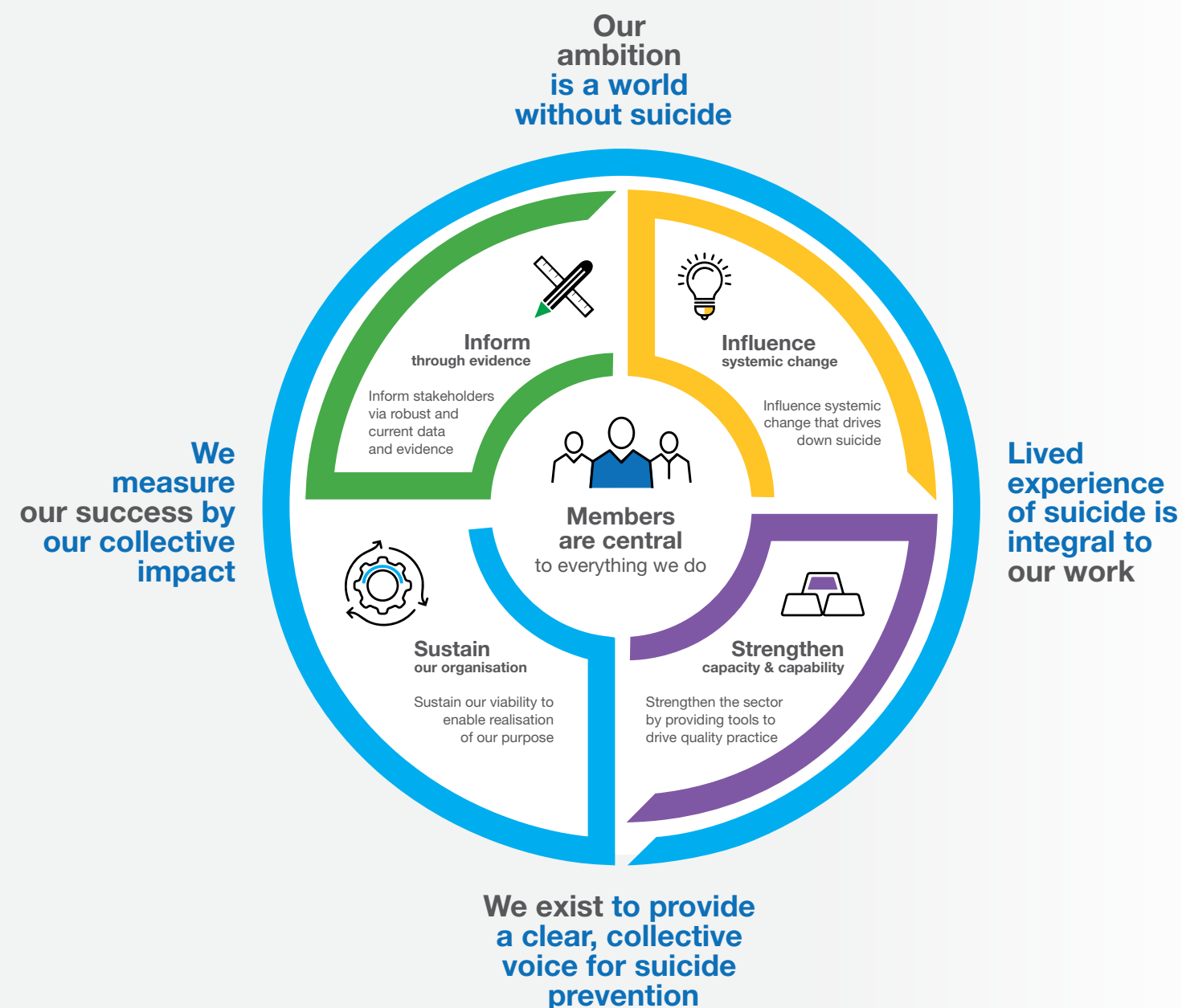
Strategic direction



Our framework for decision making and strategy setting, Compass 2025, outlines Suicide Prevention Australia’s direction. We have been on this journey for two years now and the benefits of this approach are evident, focusing our attention on the core reasons for our existence.

The Annual Operating Plan drives our organisations direction towards Compass 2025. We are on track to achieve our goals by 2025.

Compass 2025



Year in review highlights

in 2021-22





MEMBERS
are central

Membership
300+

 **state/territory**
committee meeting
3x per year

Membership
Retention **91%**

Lived Experience Panel
members = **20**



SUSTAIN
our organisation

Innovate
Reconciliation Action Plan




Diversified revenue **stream**

Operating
revenue = **\$5.5 million**




INFORM
through evidence

Reports x3

- 
- Unfinished Business: Implementation of the National Suicide Prevention Adviser's Final Advice
 - Gambling and Suicide Prevention: A roadmap for change
 - Male Suicide Prevention Principles

Submissions x13

 **State of the Nation in Suicide Prevention**
- 2nd iteration

2x roundtables

= National Policy Platform and National Suicide Prevention Office

6 **POLICY**
position statements

9x
focus group
with 52 young people

2x
Data in Practice
workshops



INFLUENCE
systemic change

✓ Updated
National Policy Platform launch

✓ National Agreement signed by
Commonwealth and all States and Territories

✓ South Australia
Suicide Prevention Act passed

✓ **65,000 Reasons for Reform Advocacy Toolkit** launch

Twitter hits over
30k followers



LinkedIn audience growth
30%

33 media releases **6x** opinion pieces



Accreditation Program
117 registered, 29 accredited programs

A Suicide Prevention
Competency Framework
for Universities



Suicide Prevention:
A competency framework
391 downloads

2x States in Focus Forums,
Sydney / Brisbane

12+ online events

Over 2000 delegates
attend events - online and face to face



Suicide Prevention
Research Fund

= **\$2.56 million**
research grants

Our sphere of influence grows

Policy and reform wins

- An Assistant Minister for Mental Health and Suicide Prevention was appointed in the new government.
- The National Agreement was signed by the Commonwealth and all States and Territories.
- South Australia passed a Suicide Prevention Act.
- Many of our recommendations from various submissions were adopted.
- We received \$4 million to extend the National Suicide Prevention Research Fund.
- Recommendations made to Parliament by the House of Representatives Select Committee on Mental Health and Suicide Prevention aligned with our advocacy agenda.
- The NSW 2022-23 Budget made two funding announcements in alignment with our pre-budget submission.



65000 Reasons for Reform

We adopted 65,000 Reasons for Reform as our advocacy platform to signify the urgent and compelling reason for positive and systemic change. The platform paved the way for several initiatives during the year, including an Instagram campaign for World Suicide Prevention Day and an advocacy toolkit for our members.



A close working relationship with our Patron

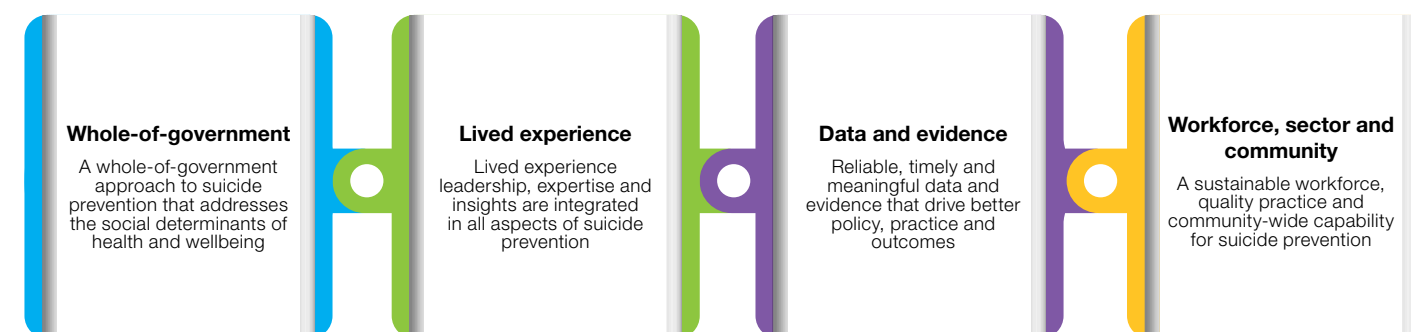
Our Patron, His Excellency General the Honourable David John Hurley AC DSC (Retd) has been involved in our events throughout the year including World Suicide Prevention Day 2021. He also played a role in the development of our defence and veteran suicide policy position alongside our members.

From L. Christopher Stone, Nieves Murray, His Excellency General the Honourable David John Hurley AC DSC (Retd), Matthew McLean

Driving thought leadership and the reform agenda

Revised National Policy Platform

Launched in 2019, our National Policy Platform was updated in February 2022, guiding our policy and advocacy agenda. It outlines the sector's key national and strategic priorities for the next three years. The National Policy Platform is built on four pillars of reform:



State of the Nation in Suicide Prevention 2021

The second annual State of the Nation in Suicide Prevention Report was published on World Suicide Prevention Day, 10 September 2021. The report recorded close to 300 responses across the sector. The survey aims to gather regular intelligence from the many service providers, practitioners, researchers, businesses and individuals who work to prevent suicide in our community. Report highlights:

STATE OF THE SUICIDE PREVENTION SECTOR

A truly national sector	Established and emerging organisations	Resilient yet facing increased and changing demands
<p>Delivering services and supports in remote, rural, regional and metropolitan communities</p>	<p>66% of organisations over 11 years old</p> <p>1 in 5 organisations established in the past 5 years</p>	<p>84% increased demand over the past 12 months (up from 78%) in 2020</p> <p>Gaps include timely access to services/programs, sustaining the workforce and community-based supports</p>
<p>A highly collaborative sector 75% of organisations work in partnership with others</p>		

A focus on quality improvement

SUICIDE PREVENTION: A COMPETENCY FRAMEWORK FOR UNIVERSITIES



February 2022



Suicide Prevention: a Competency Framework for Universities

With funding from Universities Australia, we worked in partnership with representatives from Australian universities to develop an evidence-informed Suicide Prevention Competency Framework for Universities (the Framework) specifically for students, academic and professional staff across Australian universities.

The Framework is based on the Suicide Prevention: A Competency Framework and designed to be culturally responsive and reflective of the diversity found in universities.

A spotlight on research

We received 22 applications for postdoctoral fellowship grants through the National Suicide Prevention Research Fund (the Research Fund), which was extended to June 2022. The initial round of grants focused on financial insecurity, alcohol and other drug use, children and families in the child protection system, and people in the criminal justice system. The Australian Government provided a \$4 million extension to support world-class research to address:

- Heightened risk of suicide due to isolation and loneliness
- The most supportive and effective forms of intervention to prevent suicide
- Interventions that meet specific needs for priority populations.

At the IASP World Congress, the Research Fund hosted an Early Career Workshop, chaired by Nieves Murray, CEO, Suicide Prevention Australia, to explore translational research in suicide prevention.

The Research Fund is supporting the College of Nursing mental health scholarships advisory group.



IASP World Congress, May 2022

Accreditation Program

Within a year of launching the Accreditation Program, 117 programs and services were registered and working towards accreditation against Suicide Prevention Australia Standards for Quality Improvement.



117 programs
registered for accreditation

29 successfully
completed accreditation



Closing the Loop

Suicide Prevention Australia launched a new series designed to 'close the loop' between research and policy by translating research evidence into policy directions and advice. This series reviews key findings from the National Suicide Prevention Research Fund projects and identifies evidence-based policy recommendations.

So far, we have looked at trauma-informed approaches to suicide prevention, alcohol, and other drugs in suicidality, and youth suicide prevention and care pathways.



LiFE Award winners 2021

The LiFE Awards recognise excellence in suicide prevention. Nominations are received from all over Australia, and every year we are overwhelmed by the number of quality nominations showcasing the important and innovative work that many Australians are doing in the prevention of suicide and support of people impacted by suicide. The national recipients were announced on World Suicide Prevention Day, 10 September 2021 by our Patron His Excellency General the Honourable David John Hurley AC DSC (Retd).



Alan Woodward - Leadership

An individual or organisation that has demonstrated consistent leadership in suicide prevention in line with our values, constitution, and purpose.

#ChatSafe, Associate Professor Jo Robinson, Orygen - Innovation

An individual or organisation that has demonstrated innovation in suicide prevention, and delivers quality processes founded on evidence.

Associate Professor Maree Toombs - Impact

An individual or organisation that has had an impact on the reduction of suicide, strategically developed and demonstrates scalability.



Suicide Prevention Australia, in partnership with the Australian Men's Health Forum, received a three-year grant from NSW Health under the Towards Zero Suicides initiative to deliver a project to reduce suicides in males. As a result, a support platform for NSW men, Doing it Tough? (www.doingittough.org) was created and launched on 9 June 2022. The first platform of its kind, Doing it Tough? assists men in NSW who may be struggling and looking for support.

The Honourable Bronnie Taylor MLC, NSW Minister for Mental Health launched Doing It Tough? at Parliament House, Sydney.



Knowledge exchange and learning



We commenced work on the Suicide Prevention Australia Continuing Education and Learning Program which will enable individuals to identify and undertake learning directly relevant to suicide prevention and postvention. The Learning Hub, builds on the Suicide Prevention Competency Framework and will be built on the Moodle platform. We undertook extensive member consultation in developing the program structure. A Learning Directory will contain learning resources and activities, highlighting the mode of delivery, research, or evidence-base and accreditation status.

A continued focus on learning

We continued our focus on sharing knowledge and building capacity and capability within the sector with various events throughout the year. We wrapped up our Knowledge Exchange series which brought together thought leaders, experts, and those at the forefront of suicide prevention to share and discuss their latest thinking around topics such as aftercare and communicating about suicide. We launched our States in Focus Forums, kicking off with Sydney in March which saw over 100 delegates attend, and then Brisbane in May, with Adelaide to follow in August 2022.

To promote data usage and capability across the sector, we partnered with the Australian Institute of Health and Welfare to host a webinar series. Named Data in Practice, the series took a deep dive into the Suicide and Self-Harm Monitoring System. Due to its popularity in December 2021, a follow up series was held in July 2022.



Our people - living and breathing our values

As an organisation we are continuing to grow and evolve. This evolution is changing the way our organisation is shaped and operates. To support these changes and better understand everyone's ways of working all employees have participated in team building exercises and spent time exploring our different personality styles.



Suicide Prevention Australia Team

Engage
Trustworthy
Accountable
Value excellence
& Independence
Compassionate
Respectful
Collaborate

Reconciliation Action Plan (RAP)

We started work on our Innovate RAP that builds on our Reflect RAP. Our RAP helps us to recognise the importance of reconciliation. Our RAP reminds us to listen to Aboriginal and Torres Strait Islander peoples and to build cultural safety into our organisation to better support our members and communities.

Our Innovate RAP sets out our organisations goals to achieve greater equality for Aboriginal and Torres Strait Islander peoples. This RAP outlines our practical actions to build a strong relationship between Aboriginal and Torres Strait Islander peoples and non-Indigenous Australians.

Suicide Prevention Australia has continued to take active steps towards reconciliation. It is important that Aboriginal and Torres Strait Islander voices are valued and recognised as part of our shared national identity.

Despite the challenges of COVID-19, our RAP Working Group continued to engage our teams.

With lockdown restrictions in place for NAIDOC Week 2021, our RAP Working Group Champion encouraged our teams to consider how they could 'Heal Country!'. Our Acknowledgement of Country is an important part of our meetings, workshops and webinars. Our cultural awareness training has become a mandatory module for all team members.

As part of our ongoing commitment to Reconciliation, Suicide Prevention Australia was pleased to support National Reconciliation Week (NRW). All team members were encouraged to join NRW activities in their local areas and we provided links to NRW resources and programs.



We stand behind the Uluru Statement from the Heart

This landmark document captures the aspirations of Aboriginal and Torres Strait Islander people for justice, truth telling and respect. Suicide rates of First Nations people are unacceptably high. The Uluru Statement from the Heart aligns with our values and priorities in suicide prevention. The Uluru Statement from the Heart, led by Aboriginal and Torres Strait Island elders, academics and delegates from across the nation, embraces the elements of self-determination and justice. Recognition of Indigenous peoples within the Constitution is a critical step in realising the importance of First Nations autonomy. Our work at Suicide Prevention Australia embraces the Uluru Statement from the Heart to support justice and self-determination for Aboriginal and Torres Strait Islander people. We encourage others to walk with us in an inclusive movement for a better future for all Australian people.

Gratitude and appreciation for our supporters

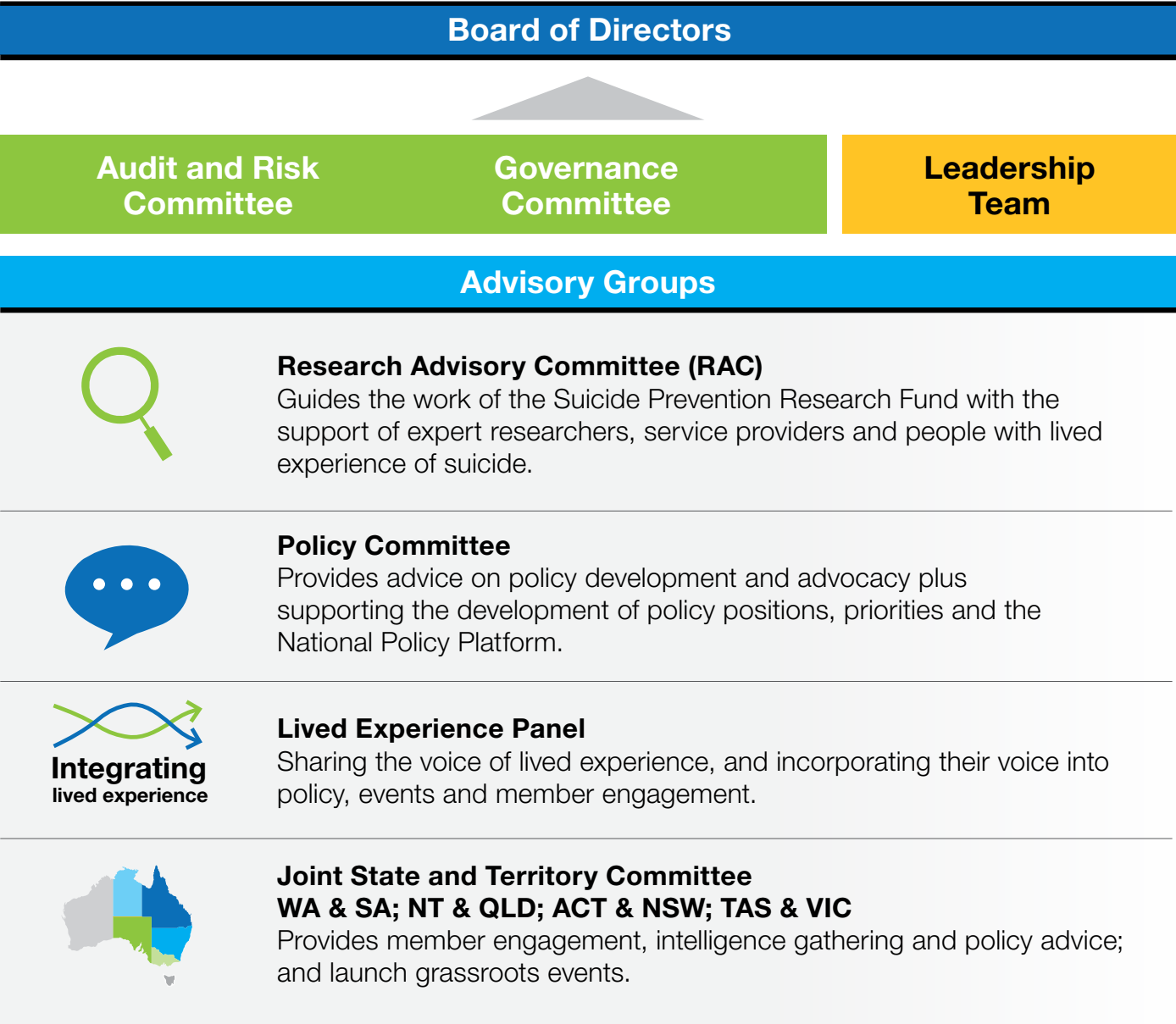
Suicide Prevention Australia receives donations from members of the public via the PayPal Giving Fund. PayPal Giving Fund is a Public Ancillary Fund and charity registered with the Australian Charities and Not-for-Profits Commission that raises funds to benefit Australian charities. It enables people to give via programs operated by PayPal and Facebook, and then grant the funds to charities recommended by PayPal donors with no fees. While we do not actively pursue or ask for donations, the PayPal Giving Fund donations added value to both

the sector and members by enabling the development of the Workforce Competency Framework for Non-Clinical Suicide Prevention and the professional development programs, in which members can participate.

Suicide Prevention Australia would like to thank and acknowledge our pro-bono partners KPMG, Norton Rose Fullbright and Oliver Wyman. Their support is invaluable, as we work together towards a world without suicide.



Governance Structure



Australian Institute of Company Directors Governance Standards



AICD Governance Principles	Current Compliance Status
Principle 1: Purpose and strategy The organisation has a clear purpose and a strategy which aligns its activities to its purpose.	<ul style="list-style-type: none">- Suicide Prevention Australia's purpose is clearly articulated in its Constitution.- The Strategic Plan (Compass 2025) which is reviewed regularly at Board and Leadership Team level.- There is an Annual Operating Plan which is driven by the Strategic Plan (Compass 2025).- The Board reviews performance against the Key Performance Indicators in the Annual Operating Plan each quarter.- An annual report is prepared and published on the website.
Principle 2: Roles and responsibilities There is clarity about the roles, responsibilities and relationships of the Board.	<ul style="list-style-type: none">- Roles and responsibilities of directors are articulated in the Constitution and Board Charter.- New directors are given an induction pack and encouraged to meet with senior management and staff as part of their induction.- There is a Governance Committee to provide guidance, as needed, on roles and responsibilities. In addition, there is a policy on delegations of authority.
Principle 3: Board composition The Board's structure and composition enable it to fulfil its role effectively.	<ul style="list-style-type: none">- The director appointment process is defined in the Constitution including member nomination of directors, a majority of independent directors (including an independent Chair), ballot procedures and maximum terms for directors.- Directors are assessed against a skills and experience matrix and Board diversity (gender, age, culture and lived experience) is considered in director appointments.- Director succession is discussed by the Board.- There is a Governance Committee to provide guidance, as needed, on Board composition.
Principle 4: Board effectiveness The Board is run effectively and its performance is periodically evaluated.	<ul style="list-style-type: none">- Board meetings are held at least quarterly including both face-to-face and virtual meetings.- The Board receives regular CEO updates.- The director induction pack as stated above in Principle 2.- The Board Charter provides for regular review of Board, Chair and CEO performance.
Principle 5: Risk management Board decision making is informed by an understanding of risk and how it is managed.	<ul style="list-style-type: none">- A risk register is reviewed by the Audit & Risk Committee and considered by the Board at its meetings.- Risks are assessed regularly by the leadership team.
Principle 6: Performance The organisation uses its resources appropriately and evaluates its performance.	<ul style="list-style-type: none">- There is monthly financial and non-financial reporting to the Board.- The Audit & Risk Committee evaluates the financial performance of Suicide Prevention Australia.- Annual Operating Plan Key Performance Indicators are monitored regularly by the Board.
Principle 7: Accountability and transparency The Board demonstrates accountability by providing information to stakeholders about the organisation and its performance.	<ul style="list-style-type: none">- Regular member alerts and briefings are produced.- An Annual General Meeting is held where the annual report is presented to members.- Members can nominate to the Board in accordance with the rules detailed in the Constitution.- The Strategic Plan aligns with its three organisational objects.- There is a complaints policy and process, including a whistleblower policy.- There is a range of other policies and delegations which are regularly reviewed by the Governance Committee and the Board.
Principle 8: Stakeholder engagement There is meaningful engagement of stakeholders and their interests are understood and considered by the Board.	<ul style="list-style-type: none">- Members are invited to attend, and may ask questions of the Board, at Suicide Prevention Australia's Annual General Meeting.- Suicide Prevention Australia holds regular meetings with members and welcomes feedback.- There is member involvement in the annual Strategic Planning Day.- There is member involvement in Joint State and Territory Committees, the Policy Committee and Research Advisory Committee.- Suicide Prevention Australia conducts regular member surveys.
Principle 9: Conduct and compliance The expectations of behaviour for the people involved in the organisation are clear and understood.	<ul style="list-style-type: none">- There is a Board Charter, Board Beliefs Statement, policies and procedures.- There is a Conflict of Interest Register and conflicts are declared at the start of each Board meeting.
Principle 10: Culture The Board models and works to instil a culture that supports the organisation's purpose and strategy.	<ul style="list-style-type: none">- The Board articulates the culture it wants for Suicide Prevention Australia to support its mission and appoints the CEO who in turn develops and implements this culture under guidance from the Board.- Board diversity is considered in director appointments, refer to Principle 3 above.

Our Financials

Trading Income	2022 \$	2021 \$
Revenue	5,560,893	9,633,371
Administration expense	(430,478)	(259,140)
Depreciation expense	(144,398)	(61,251)
Employee benefits expense	(2,262,293)	(2,003,256)
Loss on disposal of assets	0	0
Program expenses	(2,848,867)	(5,505,695)
Surplus (deficit) before income tax	(125,143)	1,804,029
Income tax	0	0
Surplus (deficit) for the year	(125,143)	1,804,029
Current assets	12,098,402	15,079,311
Non-current assets	501,723	623,021
Total assets	12,600,125	15,702,332
Current liabilities	4,201,729	6,905,693
Non-Current liabilities	3,031,428	3,304,528
Total liabilities	7,233,157	10,210,221
Net assets	5,366,968	5,492,111
General funds - unrestricted	3,266,968	4,092,111
Reserves	2,100,000	1,400,000
Total equity	5,366,968	5,492,111

There are crisis services available 24/7 if you or someone you know is in distress

Lifeline: 13 11 14
www.lifeline.org.au

Suicide Call Back Service: 1300 659 467
www.suicidecallbackservice.org.au

3,000+
suicide deaths
each year

People from **LGBTIQ+**
communities have
higher rates of mental
ill-health and suicide
than the general
population in Australia

12.1
deaths per
100,000
people

Suicide is the leading
cause of death among
young **Australians**
15-24 years

65,000
suicide
attempts
per annum

The rate of suicides for
Indigenous Australians
is more than double
that of non-Indigenous
Australians

Males account
for over
75%
of deaths



8.6
suicide
deaths per day

Rates of suicide in
veteran population have
been found to be up to
18% higher than for the
general population

The economic toll
of suicide is up to
\$24 billion
per annum

**Survivors of suicide
attempts** are among
the highest at risk of
a future suicide death

15th
most common
cause of
death

People in **rural and
remote Australia**
are more likely to
die by suicide than
those living in our
major cities

The highest
suicide rates are
for males aged
85 or
older

We can never underestimate the impact that every life lost to suicide has on family, friends, workplaces and the broader community. Every life lost to suicide is heartbreaking. It's important to remember that every statistic represents a life lost and has a cascading impact across the community.



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For general enquiries

02 9262 1130

admin@suicidepreventionaust.org

www.suicidepreventionaust.org

There are crisis services available 24/7 if you or someone you know is in distress

Lifeline: 13 11 14
www.lifeline.org.au

Suicide Call Back Service: 1300 659 467
www.suicidecallbackservice.org.au

Acknowledgement Statement

Suicide Prevention Australia remembers those we have lost to suicide and acknowledges the suffering suicide brings when it touches our lives. We are brought together by experience and are unified by hope. Suicide Prevention Australia acknowledges the Traditional Owners of Country throughout Australia, and their continuing connections to land, sea and community. We pay our respects to them and their cultures, and to Elders past, present and emerging.