

We all have a role to play in preventing suicide.



10 September 2023



Suicide Prevention Australia acknowledges the suffering suicide brings when it touches our lives. We are brought together by experience and are unified by hope.

If you or someone you know is struggling, please reach out for help

Lifeline: 13 11 14 **Beyond Blue:** 1300 224 636 **Suicide Call Back Service:** 1300 659 467

suicidepreventionaust.org/find-help

