

LiFE
AWARDS



2024 Nomination Guidelines



For 21 years we have been recognising excellence in suicide prevention with the Suicide Prevention Australia LiFE Awards - *Living is For Everyone*.

The LiFE Awards aim to showcase the important work being done in states and territories across Australia by individuals and organisations to prevent suicide and support those in need.

There are five categories that recognise the diverse and innovative efforts being undertaken to save lives and reduce suicide. These categories acknowledge individuals and organisations at a state and territory level, with all award recipients automatically proceeding to the national awards.

Nominations are received from across Australia and, every year, we are deeply moved by the high quality of submissions. Suicide Prevention Australia is committed to shining a light on the dedication and passion exhibited by so many who work tirelessly towards our shared vision of a world without suicide.

We encourage all individuals and organisations making a difference to nominate for the 2024 LiFE Awards.

**Nominations close
15 January 2024.**

State award ceremonies will be held in their respective states during March 2024.

Dates of State Award Ceremonies

- NSW – Tuesday, 5 March 2024
- ACT – Thursday, 7 March 2024
- QLD – Tuesday, 12 March 2024
- NT – Thursday, 14 March 2024
- VIC – Tuesday, 19 March 2024
- TAS – Thursday, 21 March 2024
- WA – Tuesday, 26 March 2024
- SA – Thursday, 28 March 2024

State LiFE Awards recipients will be automatically eligible for the National LiFE Awards in their nominated category. National LiFE Awards recipients will be announced at the National Suicide Prevention Conference in Adelaide on Wednesday 1 May 2024.



The National Suicide Prevention Conference 2024

**Collective
Courage.
Accelerate
Impact.**

National Suicide Prevention Conference

Hosted by Suicide Prevention Australia, the national conference presents a unique opportunity to bring the sector together and share the latest thinking to promote best practice and innovation in suicide prevention.

The 2024 theme, 'Collective Courage. Accelerate Impact', aims to empower attendees to take meaningful actions, understand the real impact of their work, and contribute to collective efforts in suicide prevention.

Held from Tuesday 30 April to Thursday 2 May 2024 at the Adelaide Convention Centre, the event will enable delegates to hear from leading keynote speakers, participate in workshops and networking, and collaborate with their peers.

Suicide Prevention Australia looks forward to announcing the 2024 National LiFE Awards recipients at the gala dinner event during the conference.

Learn more www.conference.suicidepreventionaust.org

LiFE Awards Guidelines 2024





LiFE Awards Categories

If you or someone you know has demonstrated an outstanding commitment to suicide prevention, we encourage you to nominate for one of the categories below. Help us shine a light on the lifesaving work that is being done around Australia to reduce suicide!

Individuals and organisations are eligible to nominate for any of the five categories.



Communities in Action

Recognises the critical role that individuals and organisations in communities play in identifying and taking action in suicide prevention. This may involve the development of a local plan for mental wellbeing and suicide prevention, or an activity that brings the community together to facilitate social connection and provides opportunities to talk about mental health and suicide prevention. This award acknowledges that communities working together are at the heart of suicide prevention strategies.



Outstanding Contribution

Recognises individuals and organisations who work to reduce the rate and impact of suicide, and who have tremendous heart, skills and experience. Whether they are volunteers or working in paid positions or an organisation it is through their efforts, insight and initiative that our communities become stronger and more resilient. They work tirelessly to make sure that those who are thinking that life is not worth living are given the right tools to get them back on track. They support individuals and communities, and stand up for better services in suicide prevention, intervention and postvention.





LiFE Awards Categories



Priority Populations

Recognises innovation in service delivery by an individual or organisation that is culturally responsive, overcomes barriers, promotes inclusion and delivers improved outcomes for all. The submission should outline the objectives and positive impact it has on the intended populations and groups, specifically:

- addressing, preventing or responding to suicidal behaviours in populations and groups disproportionately affected by suicide or
- highlighting the gaps and identifying strategies and embedding innovative solutions specifically for people in need.



Innovative Practice and Research

Recognises innovative practices and research by individuals and organisations to strengthen our understanding of effective suicide prevention, intervention and postvention strategies. This category highlights initiatives that may target recent events which threaten mental health, and recognises research into strengthening best practice in suicide prevention, specifically those that further:

- greater knowledge, insights or innovations in suicide prevention in the field of research or
- innovative action to address, prevent, or respond to suicidal behaviours and their impact on the local community.



Best Practice in Workplace

Recognises an individual or organisation that demonstrates outstanding commitment to preventing suicide among its employees. These are individuals and organisations that provide significant support to their employees, assisting the health and sustainability of their workforce. This award recognises the good work being done to help their employees by providing structures and supports that prevent suicide and/or assist if they have been impacted by suicide. The workplace will reflect best practice and can be held up as an example of excellence.



Nomination Guidelines



Eligibility

Nominations are open to any individual or organisation in Australia that has showcased tangible outcomes in their involvement with suicide prevention initiatives and activities. You can nominate yourself or nominate an individual or organisation on their behalf within the state and/or territory they operate. Please note, that you **do not** have to be a member or subscriber of Suicide Prevention Australia to apply.

Current staff or board members of Suicide Prevention Australia are ineligible to nominate or be nominated.

LiFE Awards winners can reapply after one year has elapsed (ie. if awarded in 2023, you can reapply in 2025). You may nominate a different campaign, event, or initiative on the condition that there is a significant difference from the winning LiFE Awards.

The Suicide Prevention Australia team and State Committee members are available to assist throughout the nomination process. For further information or clarification, please contact the team by calling 02 9262 1130 or emailing events@suicidepreventionaust.org.



Judging

The State Awards judging panel will comprise three independent judges, who will adhere to strict confidentiality and conflict of interest agreements. The panel will include a representative with lived experience, a State Committee member, and a representative from a Suicide Prevention Network or Primary Health Network in your state.

The National Awards are judged by several independent third parties under the guidance of our LiFE Awards Chair.

State and National Awards judging panels will assess entries against the following criteria:

1. What the nominee does in their role/s?
2. What personal values and skills do they bring to suicide prevention?
3. What are the benefits/impacts of the nominee's contribution to suicide prevention in the community?



Declaration

The nomination form must be signed and dated acknowledging the declaration statement:

"I declare the information submitted in the nomination are true and correct to the best of my knowledge."

Unsigned forms will not be accepted.



Submitting a Nomination



Nominations must be received by 11:59pm, Monday 15 January 2024.

All applications must address the following questions outlined in the Nomination Form, [click to download](#).

The Nomination Form can be submitted via the following options:

- **Online:** [click here](#) to fill out the form online.
- **Email:** download the form and return via email to events@suicidepreventionaust.org
- **Postage:** download and print the form. Please post your application to Suicide Prevention Australia, GPO Box 219 Sydney NSW 2001.
- **Video:** you can video yourself answering the questions outlined in the nomination form. Video presentations must be a maximum of two minutes in length and MVP or WMV format. Please submit your nomination by emailing the video presentation to events@suicidepreventionaust.org
- **PowerPoint:** you can create a PowerPoint responding to the questions outlined in the Nomination Form – maximum ten slides in length. Please submit your nomination by emailing the PowerPoint to events@suicidepreventionaust.org

For further information or clarification please contact the team at Suicide Prevention Australia by calling 02 9262 1130 or emailing events@suicidepreventionaust.org.





Suicide Prevention
Australia

Get In Touch

02 9262 1130

events@suicidepreventionaust.org

www.suicidepreventionaust.org

There are crisis services available 24/7 if you or someone you know is in distress.

Lifeline: 13 11 14
www.lifeline.org.au

Suicide Call Back Service: 1300 659 467
www.suicidecallbackservice.org.au

Acknowledgements

Suicide Prevention Australia would like to acknowledge the Traditional Owners of all Country throughout Australia. We recognise their continuing connection to land, water and culture and pay our respects to Elders, past and present, for they hold the memories, traditions, culture and hopes of Aboriginal and Torres Strait Islander peoples of Australia.

Suicide Prevention Australia would like to acknowledge the importance of lived experience and all those lost to suicide. We remember those we have lost to suicide and acknowledge the suffering suicide brings when it touches our lives. We are brought together by experience and unified by hope.