



# 2026 Nomination Guidelines

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For over two decades, the Suicide Prevention Australia Living is For Everyone (LiFE) Awards have recognised outstanding contributions to suicide prevention.

The LiFE Awards aim to showcase the important work being done to prevent suicide and support those in need in states and territories across Australia.



Suicide Prevention Australia's LiFE Awards are part of our commitment to shining a light on the dedication and passion exhibited by so many who work tirelessly towards our shared vision of a world without suicide.

There are six LiFE Award categories which recognise the diverse and innovative efforts being undertaken to help save lives by individuals and organisations at a state and territory level. We encourage everyone who believes that they fulfill these criteria to nominate for the 2026 LiFE Awards. Every year, we are deeply moved by the high quality of submissions from across Australia.

The 2026 LiFE Awards for each state/territory will be presented by Suicide Prevention Australia at ceremonies across the country. These presentations are an opportunity for individuals and organisations to showcase the important work they are doing in our communities to help prevent suicide. Final dates for these state ceremonies will be provided to all nominees.

State LiFE Awards recipients will be automatically eligible for the National LiFE Awards in their nominated category. National LiFE Awards recipients will be announced at the National Suicide Prevention Conference (NSPC26) at the International Convention Centre in Sydney on Wednesday, 29 April 2026.

## 2026 LiFE Awards Key Dates

- 15 September 2025**  
Nominations open
- 27 October 2025**  
Nominations close
- 10 November - 8 December 2025**  
State/territory judging
- February - March 2026**  
State/territory presentations
- March 2026**  
National judging
- 29 April 2026**  
National LiFE Awards Dinner @ NSPC26 - Sydney

## Nominations close 27 October 2025

State and territory award ceremonies will be held in their respective states during February and March 2026

The National  
**Suicide  
Prevention  
Conference  
2026**

United  
Voices,  
Brighter  
Futures



## National Suicide Prevention Conference 2026

Hosted by Suicide Prevention Australia, the national conference presents a unique opportunity to bring the sector together and share the latest thinking to promote best practice and innovation in suicide prevention.

This year's conference theme United Voices, Brighter Futures aims to inspire authentic collaboration, courageous conversations and lasting change. With around 1,000 delegates expected, the National Suicide Prevention Conference 2026 (NSPC26) will unite people across communities, sectors and policy areas to work towards a brighter future. It reinforces the importance of resilience and collective action so we can work together to reduce the number of lives lost to suicide.

Held in Sydney from 28 - 30 April, 2026 at the International Convention Centre, Sydney, the conference will enable delegates to hear from leading keynote speakers, participate in workshops and networking and collaborate with their peers. Suicide Prevention Australia looks forward to announcing the 2026 National LiFE Awards recipients at a gala dinner event on 29 April during the conference.

Register for the conference today and book your accommodation at [www.conference.suicidepreventionaust.org](http://www.conference.suicidepreventionaust.org)



## LiFE Awards Categories

If you or someone you know has demonstrated an outstanding commitment to suicide prevention, we encourage you to nominate for a LiFE Award for one of the categories below. Help us shine a light on the lifesaving work that is being done around Australia to help save lives.

Individuals and organisations are eligible to nominate for up to three of the six LiFE Awards categories.



### Communities in Action

**The Communities in Action category honours the vital role that individuals and organisations play at the local level in driving suicide prevention efforts.**

This award recognises grassroots leadership and community-led initiatives that foster connection, build resilience, and create safe spaces for conversations about mental health and suicide prevention. Examples may include the development of a local suicide prevention or mental wellbeing plan, or community-based activities that strengthen social ties and support help-seeking. At its core, this category celebrates the power of communities working together—because lasting change in suicide prevention starts with action at the local level.



### Outstanding Contribution

**New for This Year: Separate Award Categories for Individuals and Organisations**

In recognition of the unique and powerful contributions made by both individuals and organisations, this year we will be accepting separate nominations for each in the Outstanding Contribution category. We encourage nominations from individuals and organisations who work to reduce the rate and impact of suicide coupled with tremendous heart, skills and experience. Whether they are volunteers or working in paid positions or an organisation, it is through their efforts, insight and initiative that our communities become stronger and more resilient. They support individuals and communities and stand up for better services in suicide prevention, intervention and postvention.



## LiFE Awards Categories



### Priority Populations

**This award celebrates innovative service delivery by an individual or organisation that demonstrates cultural responsiveness, breaks down barriers, promotes inclusion, and delivers improved outcomes for those at risk.**

The category recognises initiatives that make a meaningful difference by:

- Addressing, preventing, or responding to suicidal behaviours in populations and communities disproportionately impacted by suicide; and/or
- Identifying critical service gaps and embedding creative, evidence-informed solutions that better support people in need.

These efforts drive equitable access, foster community trust and contribute to lasting, positive change in suicide prevention.



### Innovative Practice & Research

**This category recognises innovative research and practical initiatives—led by individuals or organisations—that enhance our understanding and effectiveness in suicide prevention, intervention and postvention.**

The award highlights forward-thinking approaches that may respond to emerging challenges or strengthen best practice in suicide prevention. This includes:

- Research that delivers new insights or advances knowledge in the field.
- Innovations that improve how we address, prevent, or respond to suicidal behaviours.
- Practical actions that make a measurable impact within communities.

These contributions help shape a more informed, effective and responsive suicide prevention sector—one that is equipped to meet both current and future challenges.



### Best Practice in Workplace

**This award recognises an individual or organisation that demonstrates exceptional commitment to suicide prevention and mental wellbeing in the workplace.**

The award appreciates those who go above and beyond to support the health, safety and sustainability of their workforce by embedding effective structures, policies, and practices that:

- Promote mental health and wellbeing.
- Prevent suicide.
- Provide compassionate support for those impacted by suicide.

These workplaces lead by example, reflecting best practice in employee wellbeing and creating supportive, inclusive environments where people feel safe, valued and connected.

# Nomination Guidelines



## Eligibility

Nominations are open to any individual or organisation in Australia that has showcased tangible outcomes through their involvement with suicide prevention initiatives and activities. You can nominate yourself or an individual or organisation on their behalf within the state and/or territory they operate. Please note, that you **do not** have to be a member or subscriber of Suicide Prevention Australia to apply.

Current staff or board members of Suicide Prevention Australia are ineligible to nominate or be nominated.

Please note that nominees are permitted to nominate for no more than three categories.

LiFE Awards recipients can reapply after one year has elapsed (i.e. if you received a LiFE Award in 2025, you can only reapply in 2027). You may nominate a different campaign, event or initiative on the condition that there is a significant difference from the previous successful LiFE Awards nomination.

The Suicide Prevention Australia team and State/ Territory Committee members are available to assist you throughout the nomination process. For further information or clarification, please contact the team by calling 02 9262 1130 or emailing [events@suicidepreventionaust.org](mailto:events@suicidepreventionaust.org)



## Judging

The State Awards judging panel will comprise three independent judges, who will adhere to strict confidentiality and conflict of interest agreements. The panel will include a representative with lived experience, along with State/Territory Committee member.

The National Awards are judged by independent third parties under the guidance of our National LiFE Awards Chair.

State and National Awards judging panels will assess entries against the following criteria:

- Completion of a nomination form.
- Clear description of the nominee's role or the initiative nominated and how it aligns with their values.
- Reasoning for the initiative nominated or the nominee's engagement in the initiative.
- Evidence of Best Practice with consideration to improvement practices showing sustainability.
- Engagement with Lived Experience of suicide.
- Evidence of collaboration with other stakeholders.
- What personal values and skills do they bring to suicide prevention?
- What are the benefits/impacts of the nominee's contribution to the sector?



## Submitting a Nomination

The nomination form must be signed and dated acknowledging the declaration statement:

*“I declare the information submitted in the nomination are true and correct to the best of my knowledge.”*

Please note that unsigned forms can not be accepted.

### Confidentiality and Privacy Disclaimer

All information submitted as part of the award nomination process will be treated with the utmost confidentiality and in accordance with applicable privacy laws. Suicide Prevention Australia is committed to protecting the privacy and personal information of all nominees and nominators.

Details provided in nominations will only be used for the purpose of administering the awards, including assessment by the judging panel. Information will not be shared publicly without the prior consent of the nominee or nominator.

By submitting a nomination, you confirm that you have the necessary authority or consent to share the information included, and that all details provided are accurate to the best of your knowledge.

**Nominations must be received by 11:59pm, Monday 27 October 2025.**

All applications must address the questions outlined in the Nomination Form, [click to download](#).

The Nomination Form can be submitted via the following options:

- **Online:** [Click here](#) to fill out the form online.
- **Email:** Download the form and return via email to [events@suicidepreventionaust.org](mailto:events@suicidepreventionaust.org)
- **Postage:** Download and print the form. Please post your application to Suicide Prevention Australia, GPO Box 219 Sydney NSW 2001.

For further information or clarification please contact the team at Suicide Prevention Australia by calling 02 9262 1130 or emailing [events@suicidepreventionaust.org](mailto:events@suicidepreventionaust.org)





### Get In Touch

02 9262 1130

[events@suicidepreventionaust.org](mailto:events@suicidepreventionaust.org)

[www.suicidepreventionaust.org](http://www.suicidepreventionaust.org)

**There are crisis services available 24/7 if you or someone you know is in distress.**

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**Lifeline: 13 11 14**  
[www.lifeline.org.au](http://www.lifeline.org.au)

**Suicide Call Back Service: 1300 659 467**  
[www.suicidecallbackservice.org.au](http://www.suicidecallbackservice.org.au)

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### Acknowledgements

Suicide Prevention Australia would like to acknowledge the Traditional Owners of all Country throughout Australia. We recognise their continuing connection to land, water and culture and pay our respects to Elders, past and present, for they hold the memories, traditions, culture and hopes of Aboriginal and Torres Strait Islander peoples of Australia.

Suicide Prevention Australia would like to acknowledge the importance of lived experience and all those lost to suicide. We remember those we have lost to suicide and acknowledge the suffering suicide brings when it touches our lives. We are brought together by experience and unified by hope.